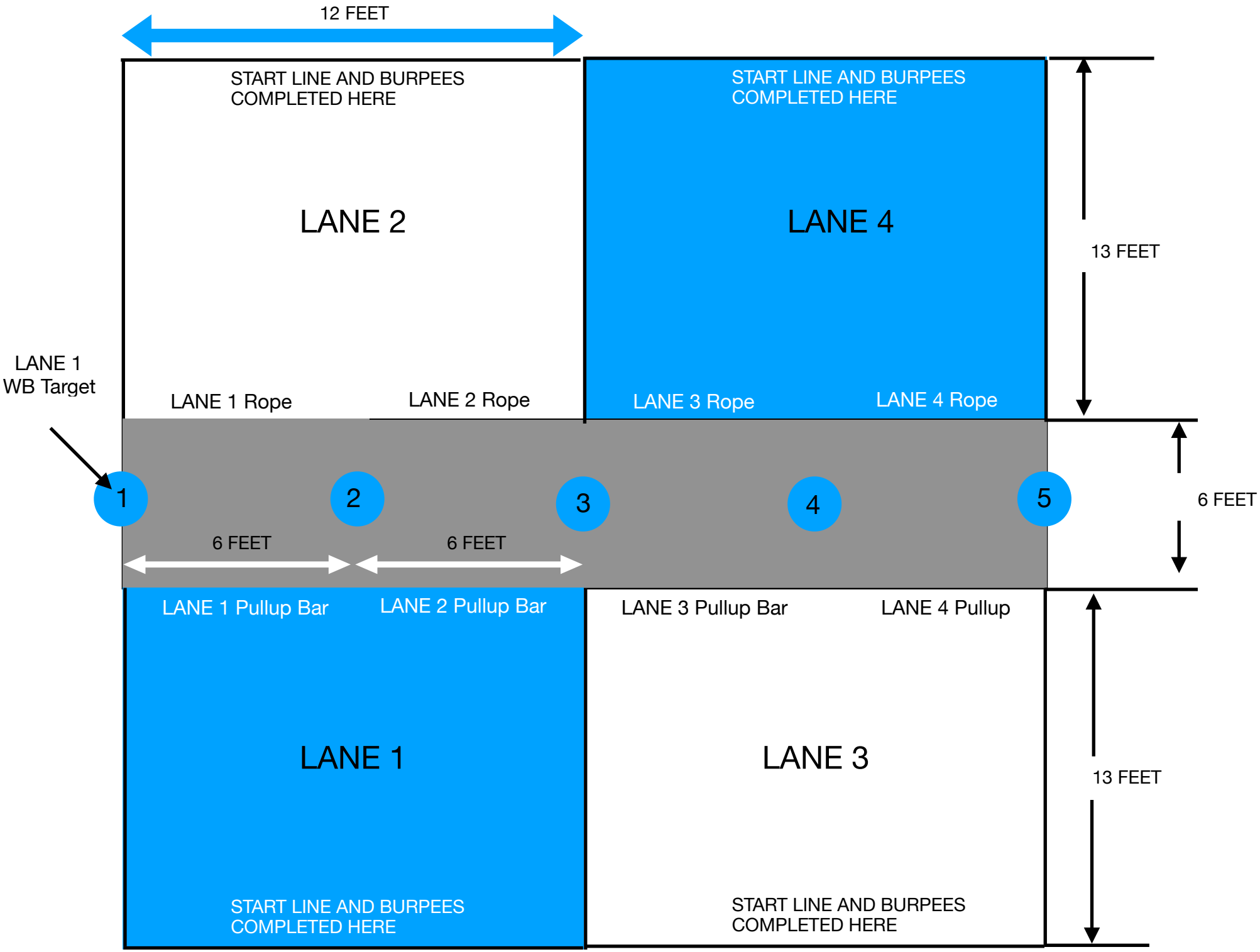
12 FEET
START LINE AND BURPEES COMPLETED HERE
START LINE AND BURPEES COMPLETED HERE
LANE 2
LANE 4
13 FEET
LANE 1 WB Target
LANE 1 Rope
LANE 2 Rope
LANE 3 Rope
LANE 4 Rope
1
2
3
4
5
6 FEET
6 FEET
6 FEET
LANE 1 Pullup Bar
LANE 2 Pullup Bar
LANE 3 Pullup Bar
LANE 4 Pullup
LANE 1
LANE 3
13 FEET
START LINE AND BURPEES COMPLETED HERE
START LINE AND BURPEES COMPLETED HERE